

## The Winning Mind™ for Women

"Serious Survival Training for the Real World"



Spokane, WA Tuesday, March 5<sup>th</sup> 2024 8am-4pm \$195 per person

**Hosted By:** 

Spokane County Sheriff's Training Academy

Course Location: 13033 W SR 902 Spokane, WA 99224

**Proudly Sponsored By:** 



"This was the best training I've attended in 18 years & the most effective instructor I've ever had. I will never forget her message."

"Honest, witty education we can start using today! Straight up REALITY! Wonderfully inspiring and informative! Betsy is phenomenal!"

## Real World Training for Women in Law Enforcement

"The Winning Mind for Women" is one of the most unique and popular law enforcement courses offered in the market today. Veteran instructor Sqt. Betsy Smith (ret.), the creator of the original "Street Survival for Women," guides students through 8 hours of intensive officer survival training that will provide attendees with tactics and information they can use to improve their response to virtually any situation. A day in the classroom begins by honoring our fallen and celebrating this profession. We define a true "Winning Mindset" as we weave real world examples of female law enforcement officers successfully policing in today's world throughout the presentation. We introduce proven science and leadership principles that anyone can use to enhance their career and improve their life on and off the job. The training day concludes with a reminder that "winning" is truly a way of life. The multi-media format keeps students engaged and entertained while we provide officers, agents, dispatchers, trainers, supervisors, managers and all other personnel with a realistic blueprint of individual career success and how these principles can be harnessed in both men and women to improve performance, morale, communication, health, relationships, and especially officer safety. Attendees leave our training energized, motivated and upbeat. Visit www.femaleforces.com or call 847-875-3620 for group discounts or to host.

## We'll Talk About:

- Strategies for WINNING an officer ambush
- Understanding the true nature of a Winning Mindset
- Why the term "survival" in minimalistic and we must train to WIN!
- How to leave behind the "victim-based" mentality
- Embracing responsibility for your own tactics, training, safety and success!
- How to increase your awareness & overcome the deadly effects of "ROUTINE"
- Bringing the "NOT TODAY!" mindset to everything you do!
- Recognizing and taking advantage of "Gender Intelligence"
- · How Fitness and Nutrition affect all aspects of your life and career
- Learning to communicate effectively with everyone in your agency and beyond
- Understanding the **threats** law enforcement personnel face in today's society
- How to "fight the false narrative" and take pride in your profession
- Learning to "lead" regardless of your assignment or tenure
- How to bring real world **OPTIMISM** to your **Law Enforcement** career
- · AND SO MUCH MORE!

## **REGISTER NOW!**

Online Registration Click here: Registration Information or Questions Email: kateodone@yahoo.com
Group *Discount* Registration: (847) 875-3620

DAVE SMITH & ASSOCIATES "The Winning Mind, LLC"

www.femaleforces.com

Don't Whine... WIN!